Howard Fielding Dicusses the Great National Malady.

HCW TO KEEP WELL WARM

He Has Given His Mind and Both Lungs to the Subject, and Has Evolved Important Principles.

At this season of the year, when so many of us are suffering from colds and others from the medicines they have taken to get rid of them, I think that a few words from a man who has given deep thought to both these applications may not be out of place. have had the subject on my mind, my lungs and a good working majority of my other vital organs, for a long time.

Boston is supposed to be the head-quarters of the cold. Physicisms in that city are supposed to subsist almost entirely upon the cast wind. It must



hysicians there is as the sands upon the Nantuskes beach. I have seen so many doctors' signs on a single block that I have doubted whether a human being could walk through and preserve his ordinary health. New York has a distinct advantage, for whereas in Boston they derive their colds from the east wind, here we are not dependent upon any particular point of the compass. We have a good deal of fun with our New England neighbor, but we continue to set out the cough medicine as a matter of etiquette when anybody calls upon us. In Chicago the little breezes blow the bacilli of cold across the city; and then the wind shifts and blows them back again from the bound-

There are many remedies for a cold. I once looked the subject up in a med-Seal work which devoted ninety-nine pages to it, and the remedies averaged thirteen to the page. The doctor who went through this book with me was more honest than the man who wrote It, and he admitted that they were all utterly "no good" except one which nobody had ever tried. This is to abjoking about this; it is really so set to this, it will cure him; and if he has sen sufficiently wicked in his life he either, according to the doctrine I was so cold that I sat down to work with my overcoat on. Afterward, it brought up in. For he is a man better got to be so warm that I opened fitted to stand a drought than I am if two windows and removed the overhe lives through it.

My deduction from this mass of facts is that the secret of the whole matter | gan to form in my ink bottle, I awoke lies in prevention. I said some of these to the consciousness that I had taken things to Mande one morning about cold. Then I ran over to Brigg's drag two weeks ago. She was expressing a store to see if he bud anything new in fear that she had caught cold. I ven- the way of a microbe killer. It was tured to suggest that she might have only one hundred yardsor a little more, done it on the previous night when she so it seemed hardly worth while to put spent some minutes leaning our of a on my overcont. On the street the boys window to see whether a small fire a were crying an "extra," and I stopped mile or two up the street was likely to to purchase one. The boy did not have apread to our residence. To tell the change for a dime, but he said that he truth, I had experienced on that morn- could get it in a minute. I waited for ing some slight premonitions of the na-



A TRAIN WAS JUST PULLING OUT.

tional mainly, and had resolved to take unusual presautions during the day. My friend, the doctor, last castioned me against certain indiscrettions such as going out to my lunch without an overeast, and others which he knew that I would commit just the same. A physician never loses any money by giving us good selvice except when he neglects to collect the bill for it un the spot, However, I was thinking of what he

had said, when the bell in our flat tinkled twice. This is the postman's ring, and indicates that he has put a better to the little bee in the outer hall. This signal is counterfeited very suc- in New York, if the luck is with him. centrally by people with bills, who emplay it to deepy an enwarr citizen late a synthesion that he is at home. If he expects a letter exith a check in it he will very likely run downstairs, without waiting for his arresult to finish blacklog the stove, and if, at such a time, he encounters a main whis make him for mineteen dollars he will probably outselt assault and buttery for which itfence, supposing I am on the jorr, he will movee get anything wome than a Hoursement, In this matter, howinspection from the wondow that it was of the mines underground, therefore really the contains. Accordingly, I the caral was constructed and the ere book her up." They posed towontdown in a hamy-such a hurry, to fact, that I forgot the key of the letter. of such a bee with a presenter today, there are in New York, Jum told, some men who lies by this orderation alone. colder than the place where Lieux | supports of the roof.

OUR LATE COLD NIP | Peary froze his nose, and the wind blew down into my allopers from all points fown into my slippers from all points of the compass. But when a man starts to do a little foolish trick like that he will not be deterred by the prospect of leaving his large family in lestitute circumstances. I broke my penknife, out my fingers, and undermined my constitution; but I got that letter. It was a cough medicine circu-

> Maude reproached me for my imprudence in exposing myself to the ley blasts of our restibule. As I was about to depart for the city she put a large silk handkerchief around my neck and turned up my oversoat collar with her own fair hands. She then engaged me in conversation for about fifteen minutes, so that when I emerged

upon the street my temperature was several degrees above high fever. As I approached the L station a train was just pulling in. I ran madly up the stairs and burst out upon the platform just in time to have the gate shut in my face. The exercise had put me in a perspiration, and that is probably the reason why the next train was very slow in coming, so that I had to stand upon the platform while the wind whistled around me with a noise like the sighing of weeping willows above an early grave. It was also natural that the train should be so crowded that I was obliged to stand in the doorway of the car while other people, whose loss would be of comparatively little account

to the community, were inside in com-fort and security.

At the door of the building where I have my office I met Mr. Moriarty, who owes are seven dollars and wishes it was more. If his conversation were worth a cent per one thousand words I should get my mency back every time I met The spot where he buttonholed me this time is the coldest that can be



A LITTLE WHISKY AND QUININE.

found between the East river and the eightieth parallel of north latitude. More hats blow off there than anywhere else in New York, and if there is an interminable talker in the city it is in that spot I meet him every cold day. I did not dare to entice Moriarty into the building, because he would have gone up to my office with me and I could not afford the price of his exit. He took me into his confidence. I had been there before, and knew that there was nothing in it. He related the various mishaps which had prevented stam from the use of any fluid what- his returning the seven dollars. He ever for seventy-two hours. I am not sketched the combination of circumstances which would enable him to re-If any man will actually stick turn them in the near future, together with as many more as I could let him have. When I finally purchased release will never have a cold again during the | from him and ascended to my office I coat.

Presently, when the thin skim ice bethose nine pennies while the boy gambled for them, and as the luck was against him, I had to wait a few additional minutes while he "wiped up de street" with the other boy. Although this delay was worth only nine cents to me, it profited my doctor by about nine dollars. Briggs, the druggist, also made something out of it, for by the time I reached his store I felt the need of something exceedingly "searching." The boy behind the soda water fountain prescribed for me ss usual, and I went away very sick. During the afternoon I ran over to Brigg's frequently, and when it was time to go home I had exhausted the products of modern scientific research. Then I went to see a real physician who is not in the drug business, and he recommended the old stand-bys, whisky and quinine. I took them. I took the whisky internally and the quinine home to my wife. This morning my brains feel like two pints of dried apples thoroughly meistened in a pail holding one quart and having its cover fastened down. They feel as those apples may just one second before they blow the cover of the pail off.

And though I am not in a condition when my thoughts are of any earthly pee to myself or anybody else, I am will dimly conscious of a few ideas. Among them is one which I hope that my readers will serioudy consider, namely, that a fool can get cold in any climate, while a wise man can get along on two handkorchiefs a day right here. HOWARD FINIDING.

A Bemarkable Count. The most remarkable estal in the world is the one between Worsley and fully fine animal, "pantheresque," a St. Helens, in the north of England, Rt is sixteen miles long and en longround from one and to the other. In that secthen of Great Britain the coal mines are with every mussle in harmonicus play very extensive, more than half the sounds being codermined Many years ago the manageroof the duke of Bridgewater a estates thought that they round section, believed belong, and he in turn I assured myself by product save money by transporting the product trines embeded and drained at the gether at receptions. He talked of art omme time. Ordinary causi boats are and the titulen meaning of things been It is possible to fisher better out | med on this molque water way, the mo- she complained that the papers didn't tive power being furnished by men, call her beautiful. I don't see why they The turnel and over the canal is pro- didn't. vided with ever timbers, and the men I result the predictive game on the letter will do the work of propulsion its on photo as eridence," one of my friends an mir how, but an formest must have no their bucks on this houls of could --! both in this news. The combule was youk with their fast against the wooden

## TALK OF A TOWN

Fair Promise of Business for the New Year Coming.

WHY LONDON IS IN THE DUMPS

Senator Murphy-Liber Scriptorum-Mr. and Mrs. Russell Separated-Mrs. Lamb, the Historian,

Before the new year dawned one promise of presperity was given in the cold Christmas weather continuing well into January. When business men felt their cars tingle they rubbed their hands with glee. For your business man likes weather to be "season-Seasonable means bitter cold weather in January or earlier, an early and warm spring, a summer not too hot., a chilly autumn.

Then ulster overcoats and gossames underwear won't drug the market either summer or winter and the goose hangs high.

But you can't explain prosperity by the weather. There must be something

If a London merchant speaks frankly about the situation at all he says it is gloomy there beyond description. Because of the destitution in the east

No; because of hard times in the west

Time was when the rich men who went to London to live spent money. They don't do it now This one's Irish tenants won't or can't pay their rents. That one has been hard hit by "Argenother man is spinning cotton at a loss or puzzling his head about mining The British matron entertains half

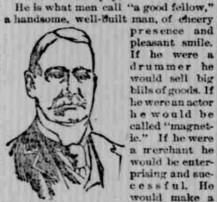
as often as formerly and the champagne has fallen off in quality. The batcher, baker and electrolier maker suffer, and all tradedom repines because the queen is too old to "stir things up" socially. Tradedom seems to think the court was made for their especial benefit. New York different? Rather!

Never before were private entertainments given with such lavishment and luxury. New York is the best market for pictures, antique furniture of certain sorts, jewelry, silver plate and the like in the world. More money is spent in the shops of New York than in those of London. They are bigger and Paris hold its own better, largely by American trade. Americans like Paris. It resembles their own bright

When the politicians find out what it is that makes America rich we'll all know why 1893 is going to be a good

Senator Murphy.

Now that the smoke of combat has cleared away, what sort of a fellow is Senator-elect Murphy, after all? He is what men call "a good fellow,"



If he were a he were an actor called "magnetic." If he were a merchant he would be enterprising and sue cessful. He

would make a simply ideal hotel-keeper. In politics he has been successful, as he would be

in anything he might undertake. There are just four reasons for the outery against Murphy, in which many

Though American born he has an Irish name, and Irishmen are still not too popular with some of our people. He is a brewer, and the state has s large temperance element. He is "Hill'sman," and inherits Hill's

His connection with the aqueduct steal was certainly unfortunate, for that job easts suspicion on all who had aught to

For the rest, wait and see.

Esthetle Amultles.

I see that Edmund Russell is making a great hit in California, and I am sure no one will begrudge him his success. He is a plump, pretty and pleasing



some extremely sensible things along with

ture are costly while color is cheap.

a room for ten dollars. It was when Edmund met his asthetic affinity we his friends say that he began to cloud his career by affectation. Mrs. Edmund Russell is a wonderwoman called her, probably more than men stately, superb, gliding, graceful. Mornly to see her walls nerces a room. under her thin vesture was a sight worth seeing. They got on very well together for awhile. Mrs. Educard abbasked in the reflected light of her effulgence when Mrs. Whitney and oth-

January and Surface State had to relate the affinities are now eight thousand miles apart, with ap-

"Sue them for libel and offer your

An Improper Story The doctor, the author, the farmer and I were talking of travel in far formost entrane-

conversation on doctor told this story: In the servants and young people to weather almost literally naked, though they usually wear hats on account of the glaring

One day a Costa Rica grocer sent his boy to deliver some goods purchased by a family newly arrived from more inclement latitudes. The boy was wear-dizziness, faintness, backache, ing a sore toe and a brunette smile. When he returned he brought the grocer a note, vigorously objecting to his attire, or lack of it.

"Caramba!" said the grocor sternly, "you young villain, don't you ever go to that house again without putting on "If you use my letter I hope

Mrs. Lamb. I once had occasion to prepare a his-torical paper. Its purpose fulfilled, I thought I would

sell the manuscript for publication. Nobody would touch it. My article on "The False Teeth of Wellknown Men" was gobbled up at the first bite, and I was commis-

sioned to write another on "How Dis tinguished Statesmen Blow Their Noses," but nobody wanted that his-torical article upon which I had spent so much time. Finally I sent it to the Magazine of American History. After six months I wondered what had become of it and called at the office to

Mrs. Martha J. Lamb, the editor, who so recently died, received me with an embarrassed smile. "I was just about to return your article," she said. "I have kept it so long because I really wanted to print it."

"Why don't you, then?"
"Because," she said, "we can't afford to pay for it. Comparatively few of our articles are paid for. But most of them are written by people who earn their money in other ways and pursue their historical studies in odd hours.

You are a professional writer and not

used to working without pay." That was the beginning of a pleasant acquaintance with one of the sweetest and finest characters American woman hood has furnished. I mention the incident merely to show under what difficulties Mrs. Lamb worked. A magazine which could not pay its contributors at all could pay its editor but poorly, nor could it provide her with much assistance. There may have been a typewriter girl at her disposal, but certainly no such force as is concerned with making the ordinary

magazine. But the zeal of the woman years at the Coleman house a very quiet life, often in ill-health, seeming pleasant smile. to take little interest in what are usually considered feminine interests. drummer he Her reward was in her work itself and would sell big in the name she left. For few, if any, bills of goods. If | are the American historians who have done more than she to east light upon he would be dark places. DAVID WECHSLER.

DANCING NUTS. They Grow in Old Mexico and Are Moved

by an Insect Inside. A remarkable curiosity is a nut which grows at Hermosillo, Sonoro, Old Mexico. It is called the neuz del diablo. which means the nut of the devil. The other afternoon Maj. Davis, who is just now holding down Col. Barber's chair as adjutant general in the department of Dakota, was sitting in his easy chair contemplating a half-dozen of the meats of these nuts, which had just been sent north by an officer of the regular army who is now in Mexico. The nuts were dancing about in a rather mysterious way, and a Pioneer Press man and several others who were watching the strange performance were completely mystified.

"I'll not tell you what is the matter with these nuts," said the major. "I'm not going to give away my trick. When a man learns a good sleight-of-hand performance is he going to give it away

for nothing? I guess not." The nuts continued to dance, and Lieut. Sturgis, who was as much in the dark as the reporter, began a critical examination of the crazy objects supposed to be inanimate.

"Oh, yes, I think I have the trick," said the lieutenant. "There is some done and said thing alive in these nuts. There is a strange throbbing in them."

The reporter picked up one of the nuts, and surely enough there was a many absurd very peculiar threbbing sensation in it. ones. Certainly | The majorivas so thoroughly amused by art principles as this time that he could no longer withapplied to cloth- hold the secret. It seems that a worm ing-his first | is born on the inside of the meat of this hobby-are nut and that it lives there for some reasonable weeks and dies without seeing the enough Soishis light of day. The worm cats out the aphorism of dec- inside of the meat, then becomes oration that restive and mores about a good deal. It form and tex- is in this period that the nuts become apparently animate. The moving of This he once lituatrated by decorating | the worm cames the aut to turn about. -Pioneer Press



net. Brenchitleant Arthura.

A Mother's Letter :-"Dear Mrs. Pinkham:-"Last winter I did not think my little ones would have a mother long. I suffered terribly with female troubles.

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friends hardly knew me. I suf-

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"If you use my letter I hope

it may be the means of saving some other poor mother's life as it did mine."—Mrs. Ella

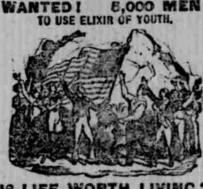
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